

Health and Wellness Jobs Are Skyrocketing

- Health-related jobs comprise the #1 industry in the U.S.
- Employment rates are expected to grow faster than average through 2014.
- Rapid growth in the field is a result of increasing emphasis on disease prevention.
- A growing and aging population continues to boost demand.



"My Health Studies experience at MCC has been more than what I expected. My courses have had a lasting effect."

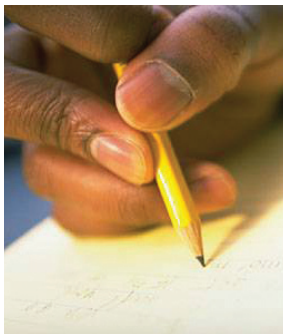
Anthony Smith, Health Studies major

Begin Your Health Studies Future at MCC Today

For more information or
to enroll, contact:

Health Studies
Program Coordinator
585.292-2383
healthstudies@monroecc.edu

MCC Admissions Office
585.292.2200
admissions@monroecc.edu



MCC
MONROE COMMUNITY COLLEGE

Brighton Campus
1000 East Henrietta Road
Rochester, NY 14623
585-292-2000

Damon City Campus
228 East Main Street
Rochester, NY 14604
585-262-1600

Applied Technologies Center
2485 West Henrietta Road
Rochester, NY 14623
585-292-3700

Public Safety Training Center
1190 Scottsville Road
Rochester, NY 14624
585-753-3800

Visit us on the Web:
www.monroecc.edu

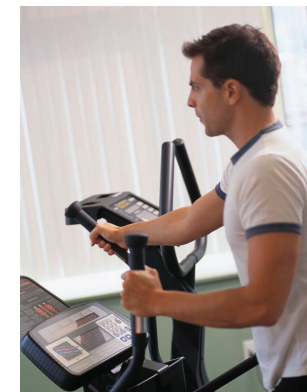
Health Studies Website:
<http://www.monroecc.edu/go/healthstudies>

Rev. 5/2007

Monroe Community College is a unit of the State University of New York. It is the policy of the University and of this College not to discriminate on the basis of sex, race, color, religion, national origin, disability, age, marital status, or sexual orientation in admissions, employment and treatment of students and employees in any educational program or activity.

A.S. Degree Program in

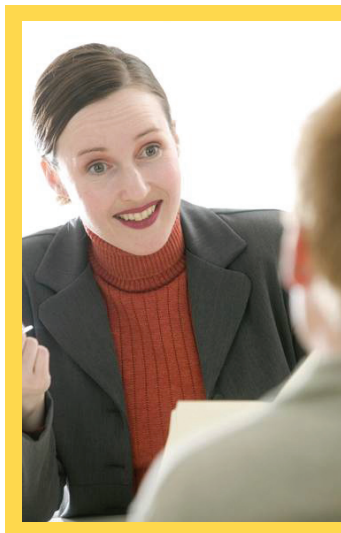
HEALTH STUDIES



**The right place
to begin your
future in health
and wellness**

MCC
MONROE COMMUNITY COLLEGE
There's More To You.
There's More To MCC.

Interested in Health and Wellness?



*Do you like people?
Are you interested in helping people improve their lives?*

Do you like to learn about the latest trends in health and wellness?

Do you want a degree that will give you the foundation and flexibility to choose a variety of careers in the health field?

Whether you picture yourself working in the community, a school, a corporate facility, or a health-related organization, a Health Studies degree from MCC can help launch the following exciting careers:

- Substance abuse/Addictions counselor
- Community health educator
- Health communication/Public relations
- Health teacher (K-12)
- Environmental health specialist
- Health administrator
- Medical technician
- Medical writer
- Nutritionist/Dietitian
- Patient counselor
- Public health worker
- Recreation and leisure provider
- Wellness promotion specialist

Start Here, Transfer Anywhere

The Health Studies program at MCC awards the A.S. degree and is specifically designed to allow you to transfer to a health-related four-year degree program with full junior status.

Where Can You Transfer Your Health Studies Degree?

MCC credits transfer nationwide. We also have special 2+2 Dual Admission programs and articulation agreements with several local colleges and universities. Our Health Studies Advisors and the Career Center will help you develop a plan that puts you on the right pathway toward your personal career goal. Below are just a few available transfer options.

IF YOU ARE INTERESTED IN:	TRANSFER YOUR DEGREE TO:
Alcohol and Substance Abuse Studies	SUNY Brockport
School or Community Health	SUNY Brockport or Cortland
Health Care Administration	SUNY Brockport or Cortland
Alternative Health or Health & Fitness	Daemen College
Medical Technology	SUNY Upstate Medical

“SUNY Brockport welcomes MCC transfer students in Health Science. We find them to be well-prepared in health content and ready to move forward in a variety of health tracks.”

Dr. Eileen Daniel, Professor and Associate Dean, School of Professions, SUNY Brockport

“MCC Health Studies classes provide relevant, real-life information. Professors are open, honest and genuinely care about students and community health. They’ve provided me with a wonderful opportunity to make positive choices.”

Emily Kroening, Health Studies major

What Courses Will I Take?

Students are admitted in the Fall and Spring semesters.
High school prerequisites: Intermediate Algebra with Trigonometry (Math B exam) or Math 104 at MCC, Biology and Chemistry.

HEALTH STUDIES PROGRAM

■ Humanities: 9 credits

ENG 101 or 200 - College Composition or Advanced Composition
SPT 142 - Public Speaking
ENG/Literature Elective*

■ Social Sciences: 12 credits

PSY 101 - Introductory Psychology
PSY 201/202/212 - Developmental Psychology for the Child, Adolescent, or Lifespan
Social Science Electives* (2)

■ Mathematics & Natural Sciences: 18 credits

MTH 160 or 165 - Statistics or College Algebra
BIO 117 - Basic Consumer Nutrition
BIO 142 - Anatomy+
BIO 143 - Physiology ++
BIO 202 - Microbiology

■ Required Health Studies Courses: 15 credits

HED 118 - Intro to Safety and Emergency Care
HED 130 - Foundations of Personal Health and Wellness
HED 207 - Emotional Wellness
HED 208 - Chronic/Communicable Disease
HED 209 - Drugs & Behavior

■ Electives: 9 credits

■ HED/PE Elective: 2 credits

65 TOTAL CREDITS

■ Prerequisites:

- + BIO 115 or BIO 133 required if student has not received a C or better in high school Regents level Biology
- ++ High school Chemistry OR CHE 100 required before taking BIO 143
- * Students planning to transfer to a SUNY school must fulfill 7 of 10 of the SUNY General Education Requirements

HEALTH STUDIES